

WISHCRAFT – How To Get What You Really Want

I am sharing my first book review: *Wishcraft – How to Get What You Really Want*, a book by Barbara Sher (with Annie Gottlieb) that was referred to me by my dear friend Faith. It took my faith in her to get this book that was first published in 1979 and is still relevant and useful today.

It took several months to get through it because I don't have much time to devote to outside reading, and the book was full of thought-provoking insights and exercises to contemplate and complete to get its full effect; with faith, I kept going to see where it would lead me.

This book is practical and targeted to the audience that wants to get on with achieving their dreams, discovering or re-discovering them with step-by-step guidance. It cuts through the fog and gives you a clear vision of what you need to do and how to do it. The advice is straightforward--no frills, just get on with it!

Had I not been referred to this book by a trusted friend for whom I have great respect, I would never have found it or picked it up, especially with all the career and lifestyle coaches in abundance online.

Barbara Sher author is no longer alive, but what a legacy! Thankfully, she still has an official website that has a series of YouTube videos where you can hear her speak. I listened to her video, *Introduction To Scanners*, for the first time yesterday—take a listen yourself: https://www.youtube.com/watch?v=IFZKb2HCZPQ&list=PLxEX0sLGzmtOej_wdkWrBBISmUDmgcq

She has appeared on Oprah, The Today Show, 60 Minutes, CNN, and Good Morning America and her public television specials aired regularly in the United States.

Please read her books, watch her videos, and get moving to get what you really want!

C. TaBois October 9, 2023